

Revision Digest - Issue 2

Bishop Stopford School

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Welcome to the second edition of your weekly digest on revision.

Here are a selection of revision and exam tips to help you get through this tricky time. Read on for some revision tips that go beyond cue cards, highlighting and spider diagrams.

Start early

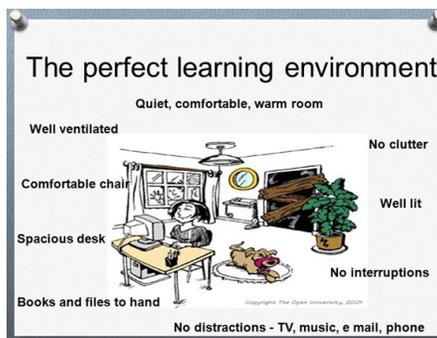
The earlier you start, the more prepared you will be. Starting early allows you time to really learn the material and understand it. Spend a couple of hours figuring out the material you will need to know for each exam. Map out a revision timetable that takes into account when each of your exams are.

Make your revision timetable as detailed as possible, writing exactly what you need to do each day and or how long. Make sure you schedule in regular study breaks too. Without regular breaks you could be headed for stress and burnout, which definitely won't contribute to exam success.

Create the purposeful learning environment

Find the best place for you to work undistracted. For some this may be the library, for others it will be home. If it's at home are you better working in your room or a communal space? It is worth experimenting to find out what works for you. Varying your environment can also help to keep your revision interesting too.

For some students music can help concentration, whereas others will need complete silence. Again if you don't know what suites you best experiment to find out.



Make sure you wear comfortable clothes and have plenty of water and healthy snacks to hand.

Be firm with yourself

Revision isn't the most enjoyable of pastimes, so you have to be strict with yourself. Eliminate all distractions and stick to your revision timetable as best as you can.

Keep your phone away from you, switch off the wi-fi on your laptop if you don't need the internet, and make sure you have everything you need before you begin. This will stop the need to keep getting up.

Practice, practice, practice

As was said last week, it is important to ensure that all of this revision doesn't go to waste and that you are able to apply the knowledge in an exam situation.

Past papers are a revising student's best friend. Don't worry if you find the first few questions difficult as with anything, practice will make you better, so keep at it.

