

Revision Digest - Issue 1

Bishop Stopford School

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Welcome to the first edition of your weekly digest of all things revision-related.

Over the next 8 weeks we will bring you the best in revision advice, tips and guidance, all designed to ensure that you (or for the parents – your child) approach the exams as ready and prepared as you can be to perform to your best.



The start point – What is effective revision?

The research undertaken by academics tells us that there are two keys to effective revision, Practice Testing & Distributed Practice.

Practice Testing

It is as simple as it sounds – once you have learned something check your understanding by doing a practice question. Once you get more confident then do the practice question in timed conditions.

Distributed Practice

Revise again...and again. 'Distributed practice' – in simple terms is revising something, going back to it a few days later and re-looking at it, then again a week later. This is believed to be the best way to make knowledge stick.

Want more?

https://www.youtube.com/watch?v=_7_WEB8QQE8 – a 1 minute video that explains the science behind Distributed Practice.

<http://bishopstopford.fireflycloud.net/revision-for-examinations> - all the best advice collected together!

For access to past papers and syllabus information:

<https://www.aqa.org.uk/>

<https://qualifications.pearson.com/en/home.html> - EDEXCEL

<https://www.ocr.org.uk/>

Good luck!

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